



Project Title

Improving recognition of high body mass index in paediatric outpatient clinics.

Hypothesis

BMI is not routinely calculated or acted upon in patients attending paediatric outpatient clinics.

Aims

1. To increase the documentation of BMI on paediatric outpatient clinic letters.
2. To increase the recognition and treatment of children with high BMIs.

Methods

Retrospective data collection over a one-month period using paediatric outpatient clinic letters. Data collected will include date of birth, gender, clinic date, clinic type, height and weight. This data will be used to calculate BMI on all patients attending a paediatric outpatient clinic during the time period. We will also collect data regarding whether the BMI is documented on the clinic letter and whether any action was taken on a high BMI results.

Data Management

Excel spreadsheet with anonymised data using password protection.

Planned Dissemination of Results

Presentation at national RCPCH conference.